SUDDEN DEATH.

Every day you read of people suddenly falling dead without a moment's warning, perhaps as a result of a little over-exertion in catching a train or hurrying home from work. Is it not strange that in these days of medical skill that so many people die daily of heart disease in the prime of their life? Would it not seem that knowing their condition they would seek a cure in time, or at least avoid the over-exertion that might cause their death?

That is the trouble—they do not know it. Hundreds of people whose heart is in a dangerous condition have no idea they are in ill health, while thousands of others treat themselves for diseases of the stomach, lungs, kidneys or nerves, while the trouble is wholly with the heart.

Perhaps you are living under a similar danger and may fall dead from heart disease are not hard to discover when you look for them, but us they are small in themselves, are apt to be passed by unnoticed. If wise, you will see if you have any of these symptoms. Fluttering, palpitation, shortness of breath, tenderhess, numbress or pain in the left side or under the shoulder blade, fainting spells, distinces, hungry or weak spells, spots before the eyes, sudden starting in the sleep, dreaming, nightmare, choking sensation in throat, oppressed feeling in chest, cold hands and feet, pain when lying on the left side, dropey, swelling of the feet and ankles one of the surrest signs or neuralgia around the left.

the surest signs; or neuralga around the heart.

Should you find even one symptom there is cause for immediate action and you should invest \$1.00 at your druggist's in a box of Dr. Kinsman's Heart Tablets. These lablets are daily producing wonderful cures.

Miss Belle Pratts of East Lake, Fla., who hesitated to use the tablets because her local physicians gave no encouragement or hope now writes, "I was surprised and delighted with the result, for I began to gain within a short time. The physicians refused to believe that I was cared, but were convinced on making a personal examination that Dr. Kinsman's Heart Tablets had accomplished what they themselves could not do," for a list of over one thur-

could not do."

If you wish for a list of over one thousand references and equally strong testimonials and a free trial box of the Heart Tablets, write to Dr. F. G. Kinsman, M. Water street. Augusta. Maine, enclosing stamp for postage, and they will be sent by return mall. You may find some friend or neighbor among the list referred to. But if your case is severe don't risk death by delay. Purchase a \$1.00 box of your druggist to-day.

NEW IRON AND STEEL COMBINE PROJECTED.

Five Great American and Several English Firms Will Amalgamate to Reduce Expenses.

London, Jan. 10 .- The negotiations toward the formation of another iron and steel combination, which have been carried on recently in London, reached a point this evening where their culmination became practically assured. The companies intending to amalgamate are the Canadian Steel Company, the Lake Superior Power Company, the American Steel Company, the Otis Steel Company, the Pittsburg Steel Company and the Wellman-Seaver Company of Cleveland. Combined with these, if the deal is completed, will be several English firms, who will take part in the enterprise financially and commercially.

At this evening's conference there were present Mr. Seaver, president of the Wellman-Seaver Company; Mr. Pew, president of the Canadian Steel Company; Mr. Douglas of Philadelphia, president of the Lake Superior Company; Mr. Wycks, president of the American Steel Company; Mr. Head, of the American Steel Company, Mr. Head, managing director of the Otis Steel Company, and Mr. Huber of the Pittsburg Steel Company. The moving spirit of the projectors appears to be Mr. Pew.

It is the intention of the projectors to erect plants at various places with the Welland Canal as an outlet. The object is to minimize expresses and acting with the to minimize expenses, and, acting with the English corporations, to secure markets

here and elsewhere.

The project may be termed an English-American-Canadian combination, to take advantage of existing opportunities. It is freely discussed in the English press. The reason for holding the meeting in London was that English capital and trade are de-sired. The capitalization has not yet been

CAUSED BY LAMP EXPLOSION.

Fire Begins in Central Office of Telephone Company.

REPUBLIC SPECIAL Bloomington, Iil., Jan. 19 .- Four thousand dollars damages resulted from a fire in the People's Bank block, corner Center and Washington, this morning. A keresene lamp exploded in the Central Union Telephone Company's office on the third floor of the People's Bank. The oil ignited the paraline insulation of the telephone wires in the

The telephone operators narrowly escaped, Iolicws:
Telephone office, \$1,000; People's Bank, \$500;
C. J. Northrup, dry goods, \$1,500; Wilty & Sterling, law books, \$300; Dan Oswald, harber, \$300; Postal Telegraph, \$50. Total, \$3,750.

The toll lines of the Central Union Telehone Company were cut off all day, but ity service was unimpeded.

Miss Cockrell's Reception.

Miss Cockrell's Reception.

REPUBLIC SPECIAL

Washington, Jan. 10.—Miss Cockrell, the daughter of the Senator from Missouri, to-day gave the second of her Thursday athomas from 4 to 7, at the family home, on R street. The reception was very largely attended in spite of the rain, the Cabinet, the Diplomatic Corps, the judiciary and both houses of Congress being amply represented among the guests.

Miss Cockrell's receptions are among the most numerously attended given by the



Extreme cases of disease test the real value of a medicine. Many "tonic" "stimulant" preparations, which have no real medicinal value, seem to brace up the users when they are feeling "played out." Any stimulant will do this whether bought at the liquor store or drug store. The true test of a medicine is when life itself is staked on its remedial power. In hundreds of such cases Dr. Pierce's Golden Medical Discovery has been the means of saving life

when even the "family doctor" had pronounced sentence of death. "I had been a great sufferer for several years, and my tentily doctor said I would not be a livand my agazity doctor said I would not be a living man-in two years, but thank God I am still
living," writes Mr. George W. Trustow, of Lipscomb. Augusta Co., Va. "Dr. Pierce's Golden
Medical Discovery is what saved my life. I had
beant trouble so had that I could not lie on my
left side without a great deal of pain. I was
nearly past work when I commenced your medsize, but I can do about as much work now as
any man. I cannot say too much for the benefit man. I cannot say too much for the benefit re received."

Many diseases, named for the organs affected, as "heart disease," "lung disease," "liver complaint," etc., are perfectly cured by Dr. Piesce's Golden Medical Disease." ical Discovery, which cures through the stomach diseases which originate in the

ALWAYS HELPS. ALMOST ALWAYS HEALS.

OCTOGENARIAN WHO STILL IS FOND OF HER TOBACCO. ST. LOUIS TUBE ITEM

Ellen Savry, a Galveston Refugee, Declares That She Has Smoked and Chewed the Weed and Used a Little Liquor Nearly All Her Life.



ELLEN SAVRY.

Octogenarian who declares that she has used tobacco and liquor nearly all her life.

"I have smoked and chewed tobacco nearly all my life, and have also drunk beer and whisky."

This statement was made yesterday by Ellen Savry, 87 years old, of Galveston, Tex., while she was in the emigrants' waiting-room at Union Station. At the time she was energetically smoking a well-used

Mrs. Savry went through the Galveston hurricane unhurt. But in the time that the wreckage was being cleared away she had traveled north to Greenville, O., to spend the time with relatives. Yesterday she was on her way to Galveston. She was born and reared in Texas. Her mother, leaves rolled up and pressed—a "twist." It she stated, had smoked and drank in her is very black and strong.

doing the same. "It may seem strange as far north as this that women should smoke a pipe like I do." that women should smoke a pipe like I do."

uaid she, "but, though not general, it's
quite common down our way to see a lady
sitting on her porch enjoying the fragrame of tobacco. It's just the same in the
matter of liquor. We have it in our house
always. I drink whisky mostly, though I
do like beer once in a while. I don't think
that either drinking or smoking has hurt
me at all. My age is sufficient proof of that.
But, of course, I never went to excess with
either habit."

Mrs. Savry uses in her pipe plain tobacco

WORDY CLASH IN WRIGHT TRIAL.

ter Have a Tilt With Defend-

The trial of the divorce suit of Mary E. Wright against Edward Wright, which has been in progress in Judge Douglags Court for the last two days, was marked yesterday by two lively tilts, one between Mrs. Wright and her husband's attorney, and the other between the same attorney and Mrs. Wright's sister.

When court opened Anna Wolbrink, the former servant of the Wrights, who testified on Wednesday, was again placed on the stand. Her testimony was favorable to Mrs. Wright, and Judge A. A. Paxson, Wright's attorney, asked her if she were not a friend of Mrs. Wright and was trying to help her out. The witness denied that she was trying to help Mrs. Wright, but said that she was her friend.

Mrs. Wright, who was sitting beside her attorney, said in a low tone, looking toward her husband and his lawyer, "You brutes." Judge Paxson arose, and, addressing the court, said that he was only trying to do his duty, and asked the court to see that he was not insulted. Attorney S. S. Bass, one of Mrs. Wright's attorneys, epologized for Mrs. Wright, who also offered an apol-osy. Judgo Paxson accepted the apolories and Judge Douglas admonished Mrs. Wright not to address her remarks to her

hesband's attorney.

Mrs. Emma C. Keith, sister of Mrs. Wright, testified in corroboration of her sister's testimony of the day before. She said that Mrs. Wright treated her bushand better than he deserved.

The first question that Judge Paxson asked Mrs. Keth on cross-examination was how old she was. The witness asked if it were necessary to state her age. Judge Douglas ruled that it was not. This caused a ripple of lauxhter in the courtroom. Judge Paxson elicited from the witness the fact that she had separated from her husband. She said she did not see why she should be compelled to go through that. As she left the witness stand she made a remark to Judge Paxson in a low tone, to which he said "Thank you" in a sarcastic

Several other witnesses were examined in support of Mrs. Wright. They were mostly former boarders of the Wrights. They an testified that they had seen nothing wrong in Mrs. Wright's conduct. The case win

be on trial again to-day. NAVAL BILL COMPLETED.

Recommendations for Warships and Increase of Enlisted Men Accepted.

Washington, Jan. 10.-The House Committee on Naval Affairs to-day practically completed the naval appropriation bill, but it will not be in shape to make public until to-morrow or Saturday. The question of the increase of the navy, which usually entials the largest contest, was easily settled this year by the acceptance of the recommendation of the Secretary of the Navy for two battleships and two cruisers. The committee also finally decided to give the full increase of emisted men asked for by the Secretary—5,000 men, instead of 5,000 men, as tentatively agreed upon yesterday. The bill also will carry a provision to commission two classes from the Navai Academy now on their cruises and also to commission the present senior class immediately upon their graduation in June. This action was taken to provide the additional officers, of which the department is greatly in need. It will make about iso new officers available for duty.

There is a possibility that in addition to the increase of the havy a number of submarine boats of the Holland type will be provided for at the last moment, but this is hardly probable. The representatives of the company are to be given a hearing to-morrow, but the committee has a confidential report of the Board of Bureau Chiefs of the Navy Department signed by Admirais O'Neill, Melville, Bradford and Naval Constructor Woodward, which strongly opposes the authorization of further boats of this type, Eight of these boats were authorized by the last naval appropriation bill. completed the naval appropriation till, but will not be in shape to make public un-

Average reserve held

FROM PROSECUTION.

for the Man Who Had Nearly Caused Her Death.

venue was saved from a criminal prosecution yesterday by the plea of his wife, who

division of the Criminal Court on a charge of assault to kill his wife, Anna. It was alleged in the indictment that he assaulted her with a revolver and a butcher knife on September 6, 1900, dangerously wounding her. In the midst of the fight the police rushed in and seized Weber, preventing him

Mrs. Weber was in a serious condition for several weeks. The police procured a warrant for assault to kill and the indictment followed. Mrs. Weber was obliged to testify before the Grand Jury, but when the case was called yesterday she welked up before the bar and asked for clemency. She said it was true that her husband had nearly taken her life, but he had never done such a thing before and she thought it was due to temporary oberration of the mind. She said he had always been kind and

plea and agreed to let her husband go provided he would promise to care for her and protect her as he had pledged to do at the alter. He agreed, Judge Ferriss then continued the case until the February term of court. If Weber keeps his pledge in the interim the case will be dropped,

CONDITION OF MISSOURI BANKS. Abstract of Reports From Those Outside the Three Large Cities.

REPUBLIC SPECIAL. Washington, Jun. 10.-Abstract of reports made to the Comptroller of the Currency, show the condition of the national banks in Missourt, exclusive of St. Louis, Kansas City and St. Joseph, at the close of business on December 18, as follows:

United Scates deposits
United States bonds on hand
Premiums on United States bonds.
Stocks, securities, etc.
Banking house, furniture and fixtures
Other real estate and mortgages owned
Due from national banks (not reserve
agents)
Due from State banks and bankers, gold Coin Gold Treasury certificates Silver dollars Silver Treasury certificates Silver fractional coin Total special
Legal tender notes
Five per cent redemption fund with
Treasurer
Due from United States Treasurer...

LIABILITIES 4,955,10 1,791,885.10 60,697.12 785,917.42 Dividends unpaid
Individual deposits
United States deposits
Hills payable
Labilities other than those above

SAVES HUSBAND

Applicant for Divorce and Her Sis- Mrs. Weber Successfully Pleaded

begged the court for mercy.

Weber was arraigned in Judge Ferriss's doing any further injury to his wife.

good and he was her only support.

Judge Ferriss was impressed with her

RESOURCES,

1,902,900.00 218,280.66 255,142.08 2,036.60

Total resources

LOUD WILL SUPPORT

He Opposes Extensions to New Points, but Makes Exception in This City's Favor.

WILL PROVE A STRONG ALLY.

Promises, too, That Appropriation Shall Be Specifically Apportioned, Insuring the System.

The Republic Bureau, 18th St. and Pennsylvania Ave. Washington, Jan. 10.—Some valuable help for the St. Louis pneumatic tube service was secured to-day by Representative Joy. When the House met he at once called on Chairman Loud of the Post Office Committee and urged him to favor the pro-

vision for establishing pneumatic service

Chairman Loud is known to be apposed to the extension of this service to new points, but after a somewhat extended conforence between him and Mr. Joy, in which the latter explained fully the special needs for its extension to St. Louis in view of the approaching World's Fair, Mr. Loud promised that he would support a reasonable appropriation for its establishment there. He suggested that Mr. Joy should confer also with Mr. Cowheni of Missouri, who is a member of the committee, and ask him to watch this Hem carefully and see that it receives special consideration by the

Mr. Loud promised to support its passage personally. He said that he would have the matter put in such shape that the claims of St. Louis would be certain to receive special consideration. He promised that the estimate of the Postmaster Gen-eral for \$59,000 would be increased by the House Committees to \$600,000, and added that he would have the amendment so drawn that this amount would be apportrawn that this amount would be apportioned specifically to the cities to receive its benefits and not left in a lum; sum to be assigned in the discretion of the Post Office Department. This would place a specific sum for the use of St. Louis, and it could not be diverted to another point.

Mr. Joy feels much gratified at the encourage received from Chalirman Louis.

Mr. Joy feels much gratified at the en-couragement received from Chairman Loud and considers it an important advantage gained for St. Louis. It is evidence also of the appreciation by members that the great exposition in St. Louis is assured. Apparently the leaders realize that every-thing should be done to place the city in a creditable condition before it is called upon to entertain the visitors of the world.

FOURTH-CLASS POSTMASTERS. Many Missouri, Kansas and Texas Ap-

pointments Made. REPUBLIC SPECIAL. Washington, Jan. 10.-Fourth-class Post

masters: Arkansas-Bland, Saline County, Nancy

J. Milligan, vice Myra E. Henderson, resigned. Indiana-Odd, Parke County, Stephen Abernathy, vice William H. H. Seybold, re-

indiana—Odd, Parke County, Stephen Abernathy, vice William H. H. Seybold, removed.

Kansas—Bloominston, Osborne County. Phoebe L. Ruggies, vice G. W. Hall, resigned; Cadmus, Linn County, Joseph W. Palmer, vice L. Love, resigned; Fall, Leavenworth County, Mary M. Leger, vice G. W. Vale, resigned; Linnsey, Ottawa County, Jerome Hollingsworth, vice Ida M. Haddock, resigned; Pawnee Station, Bourbon County, Ivan E. Morrison, vice R. J. Morrison, resigned.

Missouri — Alliance, Boillinger County, Amos F. Sebraugh, vice H. F. Johnson, resigned; Elackbird, Putnam County, Julius E. Gedney, vice E. S. Triplett, resigned; Brownington, Henry County, A. A. Blanchard, vice H. C. Barter, resigned; Chitwood, Jasper County, Victor Binck, vice Charles Williams, resigned; Edanville, Texas County, Wm. T. Thompson, vice Hugh Rigsby, resigned; Higbse, Randolph County, John Rankin, vice J. F. Jarman, dead; Hughes, Nodaway County, Edward L. Charles, vice A. A. Wood, resigned; Kolano, Crawford County, Wilhelm Hoffman, vice Hugh Johnson, removed; Nauvoo, Stone County, Harvey J. Cordill, vice J. J. Lawrence, resigned; Ilathe, Douglas County, James O. Miller, vice Lillle Push, resigned; Redman, Macon County, Alfred Jones, vice J. B. Duncan, resigned; Shell Knob, Barry County, John Landolt, vice A. P. Wingo, resigned.

Montgomery County, Ulliam J. Brock, vice C. P. Bartley, removed; Starkenburg, Montgomery County, John Landolt, vice Anton Fluchet, resigned. Muddy Lane, Livingston County, Catherine Lilly, vice A. P. Wingo, resigned.

Texas—Cabeza, LeWitt County, Walter Box, vice Charles Moore, resigned; Garden Valley, Smith County, Catherine Lilly, vice A. P. Wingo, resigned.

Toxas—Cabeza, LeWitt County, Walter Box, vice Charles Moore, resigned; Garden Valley, Smith County, Catherine Lilly, vice A. P. Wingo, resigned. Lissle, Wharton County, Jacob Michel, vice Harrison Hubbart, resigned; Huss, Corvell Gounty, W. W. Hollingsworth, vice Charles M. Huss, vice Corvin Johnston, resigned; Huss, Corvell Gounty, W. W. Hollingsworth, vice Charles H

TO STRENGTHEN GOLD STANDARD. Secretary Gage and Horace White Ap-

pear Before Columne Committee. Washington, Jan. 10.-Secretary of the Treasury Gage, Horace White of New York and several other prominent financiers, toand several other promain managers day appeared before the Housa Committee on Coinage. Weights and Measures, at the request of the committee, and gave their views on the Overstreet, Levy and Hill bills to maintain the parity of the money of the United States. The three bills, although containing different provisions, each provide for the exchange at the option of the bilder of the gold and silver coins of the United States. To accomplish this the Overstreet bill authorizes him to issue 2 per cent bonds. Before the hearing Chairman Southard read a letter from John H. Rhoades, the chairman of the Finance Committee of the New York Chamber of Commerce, heartily indorsing the bills and urging the enactment of the proposed legislation at this session of Congress.

Mr. Levy of New York, who was present to advocate his bill, created something of a seasation by stating that Mr. Bryan, the recent Democratic candidate for President, had told him that if elected President he would find a way to pay the obligations of the Government in silver. day appeared before the House Committee

WILSON SUPPORTS GROUT BILL. Says Half the Stuff Used in Washing-

Washington, Jan. 10.-Secretary Wilson made an argument before the Senate Committee on Agriculture to-day in support of the Grout oleomargarine bill. He said the measure was intended to protect the farmer and the public at large and should become a law. Speaking of the consumption of butter and of oleomargarine, Mr. Wilson said that the amount of butter disposed of annually is about eighteen pounds per capita, and of oleomargarine something over one pound; and he said in response to Judge Springer that he considered this dangerous competition. He was of the opinion that there was danger in the imitation of butter by the use of coloring matter, and thought that in time the use of improved methods would result in driving renovated butter out of existence.

The Secretary said he did not accept the opinion that the regulation of the oleomargarine business would injure the beef cattle business; and said that farmers would find it profitable to keep and fatten their own beeves. Incidentally, he expressed the opinion that farmers of the South would get far more in the way of returns by raiser and the public at large and should be-

TO BE SUCCESSFUL IN LIFE!

This is an ambition inherent within the breast of nearly every mature person.

Conducted by a Corps of Experienced and Able Teachers Under the Direction of E Beniamin Andrews, D. D. LL. D.

Offers Thorough Instruction by Correspondence in Nearly One Hundred Courses.

HOME SCHOOL PLAN Indorsed By Leading **EDUCATORS** UNITED STATES

Environment and the lack of means have long excluded thousands of bright minds from their fullest ripening, from obtaining the culture so earnestly desired. This has created the demand for Home Education.

HOME SCHOOL CRED'TS Accepted by Many Leading COLLEGES and UNIVERSITIES

Nearly everyone has two or three hours' spare time, no matter what his duties, which he could profitably devote to study.

Write for terms and description of Courses.

Instruction Department.

The St. Louis Republic, St. Louis, Mo.

ing cattle and the crops necessary to that end, than they would out of the sale of a few thousand barrels of cottonseed oil to the eleomargarine makers.

He said that more than half the substance used in Washington for butter is eleomargarine, and that to make certain of setting the real article he had butter for his own table shipped direct from a creamery in Iowa. JONES DENOUNCES EDMISTON.

Sharp Comment on the Methods of a Vinita, I. T., Lawyer. REPUBLIC SPECIAL. Washington, Jan. 10.-Senator Jones of Arkansas to-day read to the Senate a let-ter received from a resident of his State stioning the methods employed by M.

questioning the methods employed by M.

M. Edmiston, a lawyer at Vinita, I. T., in claiming to have an arrangement with Senators by which he could secure the enrollment of 16% families as Cherokees, and thus entitle them to tribal benefits.

Mr. Jones's correspondent asked if there was an arrangement on the part of Edmiston and the Senate Committee on Indian Affairs by which he had the inside track in legislation of this kind, and stating that Edmiston claimed to have such an advantage, and was getting money from claimants on the sertnigh of it.

Senator Jones said other correspondents in the Southwest had brought similar matters to his attention, and he read to the Senate a letter sent out by Edmiston soliciting payments from claimants, which Mr. Jones asked to have printed in the Record, so as to be given publicity, Commenting on the Edmiston letter, Senator Jones said that it was clearly an effort to extort money from ignorant claimants, and he denounced as a tissue of falsehoods Edmiston's claim that he had special facilities with Senators to get legislation for his clients. Commenting on a statement in Edmiston's letter that he secured the removal of Mr. McKennon, a member of the Dawes Commission, Senator Jones said that this was untrue; that Mr. McKennon, who resided in his State, resigned

of the Dawes Commission, Senator Jones said that this was untrue; that Mr. Mc-Kennon, who resided in his State, resigned voluntarity in order to enter private business. The Senator added that he hoped no claimants hereafter would be deluded by Edmiston's false statements of favoritism in the Senate to pay assessments levied upon them, as he intended to expose his methods.

IN GRAY'S POINT'S FAVOR. Fight Between Rival Bridge Projects Is Settled.

REPUBLIC SPECIAL Washington, Jan. 10.-The fight between the rival bridge projects at Gray's Point and Cape Girardeau was settled to-day in 75 favor of the former. The Senate Committee on Commerce to-day reported favorably
Representative Smith's bill authorizing the
construction of a bridge across the Mississippi at Gray's Point by the Southern Illinois and Missouri Bridge Company. This
bill has been heid in the House committee,
but will be reported favorably and passed
at this session. The Cape Girardeau
bridge proposition may possibly get
through the House, but it will not be reported favorably by the Senate Committee, and there is no prospect of its becoming a law. In fact, the contest was
settled to-day to all practical intents and
purposes by the decision of the committee
to report the Gray's Point bill and to
pigeon-hole the other. favor of the former. The Senate Commit-

Army Orders.

REPUBLIC SPECIAL

Washington, Jan. 10.—Army orders:
Second Lieutenant Francis Pope, Sixth
Artillery, now at Topeka, will proceed to
Fort Leavenworth for treatment by the post surgeon. Second Lieutenant Albert McClure is re-lieved from duty at Fort Myer, and will proceed to Jefferson Barracks to join his troop. Lieutenant Colonel Henry Wessels, Jr. Lieutenant Colonel Henry Wessels, Jr.,
Third Cavalry, now at San Francisco, will
proceed to Fort Peter, and report by letter
to the Commanding General, Department of
the East, for assignment to light duty at
that post.
The sick leave granted Major Frederick
Reynolds, Surgeon Volunters, is extended
two months.
The sick leave granted William Reach

two months.

The sick leave granted William Beach, Inspector General Volunteers, is extended two months.

Leave for twenty days is granted First Lieutenant Arthur Edwards, Fourteenth Infantry.
Second Lieutenant Carlos Pierce, Forty-sixth Infantry, volunteers, is honorably dis-charged, to take effect January 20. Captain Elias Chandler, First Infantry, is Captain Elias Chandler, First Infantry, is relieved from further duty as Collector of Customs at the Port of Sagua La Grande, Cuba, and, upon the expiration of his present leave, will join his company.

Lieucenant Colonei Philip Elile, Elighth Infantry, now at Elikton, Md., awaiting orders, will proceed to San Francisco for assignment to duty pertaining to the organization of new companies.

Rural Free Delivery.

REPUBLIC SPECIAL.

Washington, Jan. 10.—Rural free delivery will be established February I, as follows:
Illinois—Vandalia, Fayette County, three carriers; length of routes, seventy-eight miles; population served, 1,365; carriers, C. H. Hackleman, E. A. Smith and M. J. Harding.

ing.

Missouri-Carthage, Jasper County; one carrier; length of route, twenty-four and one-fourth miles; population served, 684; carrier, T. A. Flowers.

Congressman Curtis was to-day notified that the rural free delivery service will be extended at Hiawatha. Brown County, Kas., on February 1, with two carriers Departmental Notes.

REPUBLIC SPECIAL.

Washington, Jan. 10.—Elmer E. Dustin of
Leavenworth, Kas., has been appointed assistant engineer at the Osage Indian School,
Oblehom.

Oklahoma.

W. C. Seaton has been appointed a stamper in the post office at Abilene, Kas., and Stanley F. Buscoter at Nevnda, Mo.

A certificate has been issued authorizing the First National Runk of Winnsboro, T.x., to begin business with a capital of \$8,000. St. Louis's December Postal Receipts.

REPUBLIC SPECIAL.
Washington, Jan. 10.—The gross postal receipts of St. Louis for December, 1909, were 100,696, which is an increase of 10.2 per cent over December, 1809, Those at Kansas City were \$66,879, an increase of 19.5 per cent.



Nervous disorders are aggravated by heavy, pasty or harsh, burned grain foods. Granola is thoroughly cooked, sterilized and digested. It is ready for instant use. Eat Granola and Live. Live well and be well while you live. Every package of genuine Granola bears a picture of the Battle Creek Sanitarium. Sold by all grocers. Beware of imitations.

Drink Caramel Cereal and Sleep Well—it leaves the nerves Strong. Caramel Cereal is the only substitute for coffee that has an actual food value.

Send 3 cents for Granola sample to Battle Creek Sanitarium Food Co. BATTLE CREEK.

SUGGESTIONS FOR TABLE AND KITCHEN.

The variety and abundance of fruits which are found growing in cultivated or natura state in all parts of the world, except in extreme cold intitudes, seem to show very clusively that they are designed for an

state in all parts of the world, except in extreme cold intitudes, seem to show very conclusively that they are designed for an important, as well as prominent place in our dictary. And yet, in spite of this evident ordained purpose, and the pleasure they give to both palate and sense of beauty, we find fruits generally regarded as laxuries, or about pleasure they give to both palate and sense of beauty, we find fruits generally regarded as laxuries, or about pleasure they give to both palate and sense of to our list of foods, but not supposed to possess any value from a nutrient standpoint.

The statement that trees fruits contain a large percentage of water, not less than 75 per cent, and in some varieties giving as high at 39 per cent, should not missead the house-keeper into the belief that it is a lase less expenditure of money to indulge frequently in those succulent ruits, with the idea that they are simply a delight to the eye and granifying only by their delicious flavors the sense of taste. Water is one of our most important factors in rood in aiding in its proper assemiandon and digestion; as well as in tissue building. And it is safe to say there are few who obtain the necessary daily supply required by the system. There is no peasanter or safer way of acquiring this needful element than from fresh, ripe fruits, prepared in nature's laboratory, with just the proper amount of natural sugar and acid to make the beverage most inviting to the palate. The juley winter fruits we are most familiar with are the orange, lemon and grape fruit. If the nature and use of these fruits were properly understood and they were considered as they should be, as nature's tonics and regulators, we would find the money expended in these seeming luxuries but a small amount compared with the sum we uncomplainingly hand out for the various advertised ionics, direstive powers that requires the accentive of an acid tonic to arouse a desire for food does not undeate some serious diverder of the digestive powers that requires th

diet. But when the more and desires hearty, solid foods, the habit of beginning the first meal of the day with fresh, s. nacid fruit risoned be more generally observed. The juicy foods, the habit of beginning the first meal of the day with fresh, s., sacid fruit rised of the day with fresh, s., sacid fruit rised of the day with fresh, s., sacid fruit rised be more generally coverved. The Jucy fruits, like soups, prepare the way for the ready digestion and assimilation of the soldies. We must remember that fruits are meant to serve the purpose of food, or as food accompaniments, and we misdirect this purpose when we cat fresh fruits at unseasonable times, as between meals.

The cranberry, or craneberry, which some authorities claim is the proper pronunciation, is perhaps our most popular fresh fruit obtainable in the winter. It seems essentially a cold weather fruit, as it keeps well, and even freezing does not injure it. While the berries are not palatable uncooked, they make an extremely palatable sance or felly. They are decidedly acid, with a flavor peculiarly their own, which develops in cooking. This fruit, when simply steamed with a dittle sugar, and the skins not removed, while reliebed by many, is rather too acid and irritating for children or delicate digestions. There is very little or any waste in cranberries, and the cost being moderate, they are within the means of most families, for at least an occasional addition to their bill of fare.

The fresh plum is not regarded as an ittogether wholesome fruit, and unless in just its right condition, is apt to prove harmful. But when dried it makes a valuable addition to the dietary, as it is wholesome, and the sweeter variety contains a large amount of sugar. They may be judiciously added to the list of foods for children and invalids, being remedial in their nature for certain defects of the system.

Specimen Menns. Fruit,

Creamed Sweet Potatoes, Muffins, Coffee, Beef Sausages, Cornmeal, LUNCH. Creamed, Celery, Tripe and Oysters, Brown Brend, Cereal Coffee, DINNER.

Cabbage Soup,
Breaded Vesi Cutlets, Cream Sauce,
Scalloped Potatoes, Stewed Tomatoes,
Peach TaploraCoffee,
Wednesday.

Cereal Mush, Sauted,

MON TO THE ODORLESS & Goes Twice as Far as Lard or Butter!

> ALWAYS CLEANLY, WHICH LARD IS NOT. Wesson's Salad Oil is far greater value than the finest imported olive oil and has the same flavor. Ask your friendly grocer for it and save

good money.

IT IS EASILY DIGESTED AND

Finnan Haddle, Creamed, Hashed Brown Potatoes, Rolls, Coffee, Rolls, LUNCH, Macaroni and Cheese Balls, Tomato Sauce, Baked Apples, Cocon. Cream, DINNER. Cream of Clam Soup,
Fricasee of Chicken,
Baked Sweet Potatoes,
Celery with Grated Cheese,
Plain Suet Pudding,
Coffee,

CHEROKEE CLAIM SCALED DOWN. It Now Amounts to \$1,110,000 and May

REPUBLIC SPECIAL. Washington, Jan. 10.-The subcomm of the Senate Committee on Indian Afment appropriating \$1.815 for the benefit of Lieutenant Colonel Randlett, agent of the Kiowas and Comanches in Oklahoma. The claim arises from services performed by Colonel Randlett while stationed as Indian

Colonel Randiett while stationed as Indian.

Agent in Utah.

Hearings were continued to day before the subcommittee of the House Committee of Indian Affairs on the Cherokee claim. The claim has been so amended by its projectors as to carry only \$1,10,000. It formerly involved about \$4,00,000. The full committee will receive a report on the measure this week, and a disposition to report it favorably is evident. What its fate will be when it gets into the House is problematical. As a rule Indian claims are eyed with suspicion by the lawmakers, and the prospects are that the Cherokee claim will record no exception.

Fourteenth Vacancy Caused by Death.
REPUBLIC SPECIAL
Washington, Jan. 10.—The death of
Representative Clarke of New Hampshire
makes the fourteenth vacancy in the
House of Representatives of the Fiftysixth Congress occasioned by death. Other
members of the House in this Congress
who have died are: Daniel Ermentrout,
Pennsylvania; W. L. Greene, Nebraska; A.
C. Harmer, Pennsylvania; J. H. Hoffecker,
Delaware; E. E. Settle, Kentucky; R. A.
Wise Virginia; S. T. Baird, Louisiana; R.
P. Bland, Missouri; C. A. Chickering, New
York; W. D. Daiy, New Jersey; L. Danford, Ohio; Nelson Dingley, Maine, and S.
P. Epes, Virginia. A congressional party,
to be announced, will go to New Hampshire to-morrow to attend the funeral of
Mr. Clarke. Fourteenth Vacancy Caused by Death